

# Microneedling



## What is Microneedling?

Micro needling is an advanced skin rejuvenation treatment available at KG Beauty Salon in Whiteparish (near Salisbury).

This results-driven treatment stimulates the skin's natural repair process to improve texture, boost collagen production & restore a healthy glow.

Using a professional microneedling device (Xcellarispro), tiny sterile needles create controlled micro-channels in the skin.

This stimulates collagen & elastin production while allowing active skincare ingredients to penetrate deeper into the skin for enhanced results.

Microneedling is an effective treatment for improving overall skin health & can help reduce visible signs of ageing & skin damage.

## What Microneedling Can Help With...

Microneedling is suitable for many common skin concerns, including:

- Fine lines & wrinkles
- Acne scarring
- Uneven skin texture
- Enlarged pores
- Sun damage & pigmentation
- Dull or tired-looking skin
- Loss of skin firmness

The treatment helps the skin become smoother, brighter & more youthful-looking over time.

## What to Expect During Treatment

Your skin will first be cleansed & prepped before the microneedling treatment begins.

We recommend using a numbing cream of your choice to be applied at least 30 minutes before your treatment.

This will make the treatment more comfortable for you (It is not essential, but recommended).

The device is gently passed over the skin, creating tiny micro-channels that stimulate the skin's natural healing response.

The treatment typically takes around 45–60 minutes, depending on the treatment area.

After the treatment, calming & hydrating skincare & SPF are applied to soothe & protect the skin.

LED Light therapy & skin peels are available as an add-on to this microneedling treatment.

## **Downtime**

Microneedling has minimal downtime & most clients can return to normal activities quickly.

## **You May Experience:**

- Mild redness similar to sunburn
- Slight sensitivity or warmth in the skin
- Tightness or dryness

These effects usually settle within 24–48 hours, although some redness can last slightly longer depending on skin sensitivity.

## **Aftercare Advice**

To protect the skin and achieve the best results:

- Avoid makeup for 24 hours
- Avoid direct sun exposure for 48 hours
- Avoid heat treatments such as gym workouts, saunas or hot baths for 48 hours
- Use gentle skincare and daily SPF
- Keep skin well hydrated
- Your skin will gradually improve over the following weeks as collagen production increases.

## **Treatment Results**

Many clients notice brighter, smoother skin after their first treatment.

For best results, a course of 3–6 treatments spaced 4–6 weeks apart is often recommended, depending on your skin concerns.

Microneedling can help improve skin texture, restore radiance & support healthier, stronger skin!